

## Preventive medications list

In addition to a healthy lifestyle, preventive medications can help people avoid many illnesses and conditions. A consumer-directed health (CDH) plan that includes preventive medications can help support the goal of ongoing good health.

This list provides examples of commonly prescribed preventive medications. The medications are categorized based on the medical conditions that they are used to prevent. This is not an all-inclusive list; only examples of medicines in each category are listed. Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

This list is periodically reviewed and updated to ensure that the drugs listed meet the criteria for inclusion.

**Medications on this list that are not covered under your plan are not eligible for the preventive medication program.**

# Preventive Medications List

## **ASTHMA/COPD**

---

*ACCOLATE*

ZAFIRLUKAST

*ANORO ELLIPTA*

*ARNUITY ELLIPTA*

*ASMANEX HFA*

*BREO ELLIPTA*

*COMBIVENT RESPIMAT*

*DULERA*

*GASTROCROM*

CROMOLYN SODIUM

*INCRUSE ELLIPTA*

*PROAIR HFA, VENTOLIN HFA*

*PULMICORT*

BUDESONIDE

*QVAR*

*SEREVENT DISKUS*

*SINGULAIR*

MONTELUKAST

*SPIRIVA*

*STRIVERDI RESPIMAT*

*SYMBICORT*

*ZYFLO CR*

*RESPIRATORY SUPPLIES*

NEBULIZERS AND INHALER ASSISTIVE  
DEVICES

## **BONE DISEASE AND FRACTURES**

---

*ACTONEL*

RISEDRONATE

*BONIVA*

IBANDRONATE

*EVISTA*

RALOXIFENE

*FOSAMAX, FOSAMAX PLUS D*

ALENDRONATE

*RECLAST*

ZOLEDRONIC ACID

## **CAVITIES**

---

STANNOUS FLUORIDE PASTE AND  
RINSE

*CLINPRO, PHOS-FLUR*

SODIUM FLUORIDE PASTE AND RINSE

## **COLONOSCOPY PREPARATION**

---

*GOLYTEL, NULYTEL, MOVIPREP*

POLYETHYLENE GLYCOL

*OSMOPREP, SUPREP*

*PREPOPIK*

## **DIABETES**

---

*INSULINS:*

---

*AFREZZA*

*HUMALOG, 50/50, 75/25*

*HUMULIN*

*LANTUS, LANTUS SOLOSTAR*

*LEVEMIR*

*TOUJEO SOLOSTAR*

*NON-INSULIN MEDICINES:*

---

*ACTOS, DUETACT, ACTOPLUS MET*

PIOGLITAZONE AND COMBINATIONS

*AMARYL*

GLIMEPIRIDE

*AVANDIA*

*AVANDAMET, AVANDARYL*

*BYETTA*

*DIABETA, GLYNASE, GLUCOVANCE*

GLYBURIDE AND COMBINATIONS

*DIABETIC SUPPLIES*

TEST STRIPS, SYRINGES, NEEDLES AND  
LANCETS

*FORTAMET, GLUCOPHAGE*

METFORMIN

*GLUCOTROL*

GLIPIZIDE AND COMBINATIONS

*GLYXAMBI*

# Preventive Medications List

INVOKANA  
JANUVIA, JANUMET  
JARDIANCE  
JENTADUETO  
PRANDIN  
REPAGLINIDE  
STARLIX  
NATEGLINIDE  
SYMLINPEN  
TRADJENTA  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

### BLOOD THINNER MEDICINES:

ASPIRIN, 81 MG OR 325 MG  
AGGRENOX  
ASPIRIN-DIPYRIDAMOLE ER  
BRILINTA  
COUMADIN  
WARFARIN  
EFFIENT  
ELIQUIS  
PERSANTINE  
DIPYRIDAMOLE  
PLAVIX  
CLOPIDOGREL  
PRADAXA  
SAVAYSA  
TICLID  
TICLOPIDINE  
XARELTO  
ZONTIVITY  
CHOLESTEROL LOWERING  
MEDICINES

HMG-COA REDUCTASE  
INHIBITORS:

CRESTOR  
LIPITOR  
ATORVASTATIN  
MEVACOR  
LOVASTATIN  
PRAVACHOL  
PRAVASTATIN  
ZOCOR  
SIMVASTATIN  
OTHER AGENTS:

ADVICOR  
COLESTID  
COLESTIPOL  
LOPID  
GEMFIBROZIL  
PREVALITE, QUESTRAN  
CHOLESTYRAMINE  
SIMCOR  
TRICOR, ANTARA  
FENOFIBRATE  
TRILIPIX DR  
FENOFIBRIC ACID  
VYNTORIN  
WELCHOL  
ZETIA

## HIGH BLOOD PRESSURE

### ACE INHIBITORS:

ACCUPRIL  
QUINAPRIL  
LOTENSIN  
BENAZEPRIL  
PRINIVIL, ZESTRIL  
LISINAPRIL  
VASOTEC  
ENALAPRIL

# Preventive Medications List

## *ACE INHIBITORS/DIURETIC COMBINATIONS:*

---

### *ACCURETIC*

QUINAPRIL/HCTZ

### *LOTENSIN HCT*

BENZAEPRI/ HCTZ

### *VASERETIC*

ENALAPRIL/HCTZ

### *ZESTORETIC*

LISINOPRIL/HCTZ

## *ANGIOTENSIN II RECEPTOR ANTAGONISTS:*

---

### *ATACAND*

CANDESARTAN

### *AVAPRO*

IRBESARTAN

### *COZAAR*

LOSARTAN

### *DIOVAN*

VALSARTAN

## *ANGIOTENSIN II RECEPTOR ANTAGONISTS/ DIURETIC COMBINATIONS:*

---

### *ATACAND HCT*

CANDESARTAN/HCTZ

### *AVALIDE*

IRBESARTAN/HCTZ

### *DIOVAN HCT*

VALSARTAN/HCTZ

### *HYZAAR*

LOSARTAN/HCTZ

## *BETA BLOCKERS:*

---

### *BYSTOLIC*

### *INDERAL LA, INNOPRAN XL*

PROPRANOLOL

### *TENORMIN*

ATENOLOL

### *TOPROL XL*

METOPROLOL

### *ZEBETA*

BISOPROLOL

## *BETA BLOCKERS/DIURETIC COMBINATIONS:*

---

### *PROPRANOLOL/HCTZ*

### *CORZIDE*

NADOLOL/BENDROFLUMETHIAZIDE

### *LOPRESSOR HCT*

METOPROLOL/HCTZ

### *TENORETIC*

ATENOLOL/CHLORTHALIDONE

### *ZIAC*

BISOPROLOL/HCTZ

## *CALCIUM CHANNEL BLOCKERS:*

---

### *ADALAT CC, PROCARDIA XL*

NIFEDIPINE

### *CALAN, VERELAN*

VERAPAMIL

### *CARDIZEM LA, TIAZAC ER*

DILTIAZEM

### *NORVASC*

AMLODIPINE

### *SULAR ER*

NISOLDIPINE

## *DIURETICS:*

---

### *CHLORTHALIDONE*

### *HYDROCHLOROTHIAZIDE*

### *INDAPAMIDE*

### *METOLAZONE*

## *OTHER HIGH BLOOD PRESSURE MEDICINE COMBINATIONS:*

---

### *AZOR*

### *CADUET*

AMLODIPINE/ATORVASTATIN

# Preventive Medications List

## *EXFORGE HCT*

AMLODIPINE/VALSARTAN/HCTZ

## *LOTREL*

AMLODIPINE/BENZAEPRI

## *TARKA*

TRANDOLAPRIL/VERAPAMIL

## *TRANDOLAPRIL*

## *TRIBENZOR*

## *TWYNSTA*

AMLODIPINE/TELMISARTAN

## **RESPIRATORY SYNCYTIAL VIRUS**

---

### *SYNAGIS*

## **MALARIA**

---

CHLOROQUINE

MEFLOQUINE

PRIMAQUINE

## *MALARONE*

ATOVAQUONE/PROGUANIL

## **OBESITY**

---

DIETHYLPROPION

## *ADIPEX-P*

PHERTERMINE

## *BELVIQ*

## *BONTRIL PDM*

PHENDIMETRAZINE

## *CONTRACE*

## *SAXENDA*

## *XENICAL*

## **SMOKING-CESSATION \***

---

### *CHANTIX*

### *NICOTROL/NICODERM CQ*

NICOTINE PRODUCTS

### *ZYBAN*

BUPROPION SR 150MG

## **IMMUNIZATION: \***

---

DIPHTHERIA, PERTUSSIS, TETANUS,  
HAEMOPHILUS INFLUENZAE B,  
HEPATITIS A AND B, JE-VAX, TYPHIM,  
VARICELLA, ZOSTER, HUMAN  
PAPILLOMAVIRUS, INFLUENZA,  
MEASLES, MENINGOCOCCAL,  
MUMPS, PNEUMOCOCCAL,  
POLIOVIRUS, ROTAVIRUS, RUBELLA

## **VITAMINS OR MINERALS**

---

FOLIC ACID\*

PRENATAL VITAMINS

PEDIATRIC MULTIVITAMINS WITH

FLUORIDE\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your ID card or visit our website [Express-Scripts.com](http://Express-Scripts.com).**

Please note: Brand names are shown in italics in each category. If generic is available, it is listed under the brand name.

All rights in the product names of all third-party products appearing here, whether or not appearing with the trademark symbol, belong exclusively to their respective owners.

CRP15\_1293

PDL6014D 8.15 OPTION 2



\*000000PDL6014D\*