

DRUG QUANTITY MANAGEMENT POLICY – PER RX

POLICY: Alpha-Adrenergic Blockers – Terazosin Drug Quantity Management Policy – Per Rx

- terazosin capsules (generic only)

REVIEW DATE: 02/15/2023

OVERVIEW

Terazosin is an alpha-1-selective adrenoceptor blocking agent indicated for:¹

- Treatment of symptomatic **benign prostatic hyperplasia (BPH)**.
- Treatment of **hypertension**, alone or in combination with other antihypertensive agents such as diuretics or beta-adrenergic blocking agents.

Dosing

For BPH or hypertension, the initial dose is 1 mg once daily (QD) at bedtime; this dose should not be exceeded initially.¹ Patients should be closely followed during initial administration in order to minimize the risk of severe hypotensive response. The dose of terazosin capsules and the dose interval (12 or 24 hours) should be adjusted according to the patient's individual blood pressure response. The usual recommended dose range for hypertension is 1 mg to 5 mg administered QD; however, some patients may benefit from up to 20 mg QD. Doses over 20 mg do not appear to provide further blood pressure effect and doses over 40 mg have not been studied. For BPH, the dose should be increased in stepwise fashion to 2 mg, 5 mg, and 10 mg QD to achieve desired improvement.

Availability

Terazosin capsules are available in strengths of 1 mg, 2 mg, 5 mg, and 10 mg.¹

POLICY STATEMENT

This Drug Quantity Management program has been developed to promote the safe, effective, and economic use of terazosin. If the Drug Quantity Management rule is not met for the requested medication at the point of service, coverage will be determined by the Criteria below. All approvals are provided for 1 year in duration.

Automation: None.

Drug Quantity Limits

Product	Strength and Form	Retail Maximum Quantity per Rx	Home Delivery Maximum Quantity per Rx
terazosin capsules (generic only)	1 mg capsules	30 capsules	90 capsules
	2 mg capsules	30 capsules	90 capsules
	5 mg capsules	30 capsules	90 capsules
	10 mg capsules	60 capsules	180 capsules

02/15/2023

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CRITERIA

Terazosin 1 mg, 2 mg and 5 mg

1. If the patient is taking terazosin 1 mg, 2 mg, or 5 mg twice daily, approve 60 capsules per dispensing at retail or 180 capsules per dispensing at home delivery.

Note: Patients may require twice daily dosing for adequate blood pressure control or may not tolerate once daily doses.

2. If the patient is taking a dose that does not correspond to a commercially-available dosage form, approve a quantity sufficient to allow for a 30-day supply per dispensing at retail or a 90-day supply per dispensing at home delivery.

Terazosin 10 mg

No overrides recommended.

REFERENCES

1. Terazosin capsules [prescribing information]. Chino, CA: Anpar; November 2022.