# PREFERRED STEP THERAPY POLICY

**POLICY:** Epinephrine Auto-Injectors Preferred Step Therapy Policy

- Auvi-Q<sup>®</sup> (epinephrine injection, USP auto-injector Kaleo)
- epinephrine auto-injector (authorized generic to discontinued Adrenaclick)
- EpiPen® (epinephrine injection, USP auto-injector Mylan Specialty, generic)
- EpiPen Jr<sup>®</sup> (epinephrine injection, USP auto-injector Mylan Specialty, generic)

**REVIEW DATE:** 03/01/2023

### **OVERVIEW**

Auvi-Q, EpiPen, and EpiPen Jr. are indicated for the emergency treatment of **severe allergic reactions** (Type I) including anaphylaxis to stinging and biting insects, allergen immunotherapy, foods, drugs, diagnostic testing substances, and other allergens, as well as anaphylaxis to unknown substances and exercise-induced anaphylaxis.<sup>1,2</sup> An authorized generic to Adrenaclick<sup>®</sup> (epinephrine injection, USP auto-injector) and Symjepi<sup>™</sup> (epinephrine injection, USP prefilled syringe), a self-administered epinephrine prefilled syringe, are also available and have the same indication as the other auto-injectors.<sup>5</sup> However, these agents are not targeted in this policy.

All of the epinephrine auto-injectors are administered and dosed similarly.<sup>1-3</sup> Auvi-Q differs from the other auto-injectors in that it provides audible (electronic voice instructions, beeps) and visual (LED light) cues for use.<sup>1</sup> Auvi-Q is also the only epinephrine auto-injector available as a 0.1 mg strength indicated in patients weighing 7.5 kg to 15 kg. There are no clinical trials comparing the efficacy of the available epinephrine auto-injectors. However, a single-blind, crossover study compared the bioavailability of epinephrine injected via Auvi-Q or EpiPen in healthy adults and found that a single injection of 0.3 mg epinephrine from either device resulted in similar peak and total epinephrine exposure.<sup>6</sup>

### POLICY STATEMENT

This program has been developed to encourage the use of a Step 1 Product prior to the use of a Step 2 Product. If the Preferred Step Therapy rule is not met for a Step 2 Product at the point of service, coverage will be determined by the Preferred Step Therapy criteria below. Note: Brand Adrenaclick (no longer available) and Symjepi are not targeted in this policy. All approvals are provided for 1 year in duration.

**<u>Automation</u>**: A patient with a of one Step 1 Product within the 130-day look-back period is excluded from Step Therapy.

- **Step 1:** generic epinephrine auto-injector 0.15 mg, generic epinephrine auto-injector 0.3 mg, EpiPen 0.3 mg, EpiPen Jr. 0.15 mg
- **Step 2:** Auvi-Q 0.1 mg, Auvi-Q 0.15 mg, Auvi-Q 0.3 mg, epinephrine auto-injector 0.15 mg (authorized generic), epinephrine auto-injector 0.3 mg (authorized generic)

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## **CRITERIA**

- 1. If the patient has tried one Step 1 Product, approve a Step 2 Product.
- 2. If the patient or caregiver is blind or significantly visually-impaired, approve Auvi-Q.
- 3. If the patient weighs < 15 kg (33 pounds), approve Auvi-Q 0.1 mg auto-injector.
- **4.** No other exceptions are recommended.

### REFERENCES

- 1. Auvi-Q<sup>®</sup> auto-injector [prescribing information]. Richmond, VA: Kaleo; September 2019.
- 2. EpiPen® and EpiPen Jr® injection [prescribing information]. Morgantown, WV: Mylan Specialty; February 2023.
- 3. Epinephrine auto-injector [prescribing information]. Bridgewater, NJ: Amneal; March 2021.
- 4. FDA listing of authorized generics. U.S. Food and Drug Administration Web site. Available at: <a href="https://www.fda.gov/AboutFDA/CentersOffices/OfficeofMedicalProductsandTobacco/CDER/ucm126391.htm">https://www.fda.gov/AboutFDA/CentersOffices/OfficeofMedicalProductsandTobacco/CDER/ucm126391.htm</a>. Updated December 15, 2022. Accessed on February 15, 2023.
- 5. Symjepi® injection [prescribing information]. San Diego, CA: Adamis; June 2021.
- 6. Edwards ES, Gunn R, Simons ER, et al. Bioavailability of epinephrine from Auvi-Q compared with EpiPen. *Ann Allergy Asthma Immunol.* 2013;111(2):132-137.