# STEP THERAPY POLICY

**POLICY:** Epinephrine Auto-Injectors Step Therapy Policy

- Auvi-Q<sup>®</sup> (epinephrine injection, USP auto-injector Kaleo)
- EpiPen® (epinephrine injection, USP auto-injector Mylan Specialty, generic)
- EpiPen Jr<sup>®</sup> (epinephrine injection, USP auto-injector Mylan Specialty, generic)

**REVIEW DATE:** 02/16/2022

## **OVERVIEW**

Auvi-Q, EpiPen, and EpiPen Jr. are indicated for the emergency treatment of **severe allergic reactions** (Type I) including anaphylaxis to stinging and biting insects, allergen immunotherapy, foods, drugs, diagnostic testing substances, and other allergens, as well as anaphylaxis to unknown substances and exercise-induced anaphylaxis. ¹.² An authorized generic to Adrenaclick® (epinephrine injection, USP auto-injector) and Symjepi™ (epinephrine injection, USP prefilled syringe), a self-administered epinephrine prefilled syringe, are also available and have the same indication as the other auto-injectors.⁵ However, these agents are not targeted in this policy.

All of the epinephrine auto-injectors are administered and dosed similarly. Auvi-Q differs from the other auto-injectors in that it provides audible (electronic voice instructions, beeps) and visual (LED light) cues for use. Auvi-Q is also the only epinephrine auto-injector available as a 0.1 mg strength indicated in patients weighing 7.5 kg to 15 kg. There are no clinical trials comparing the efficacy of the available epinephrine auto-injectors. However, a 2013 single-blind, crossover study compared the bioavailability of epinephrine injected via Auvi-Q or EpiPen in healthy adults and found that a single injection of 0.3 mg epinephrine from either device resulted in similar peak and total epinephrine exposure.

### **POLICY STATEMENT**

This program has been developed to encourage the use of a Step 1 Product prior to the use of a Step 2 Product. If the Step Therapy rule is not met for a Step 2 Product at the point of service, coverage will be determined by the Step Therapy criteria below. Note: Symjepi, Adrenaclick (no longer available) and the authorized generic to Adrenaclick are not targeted in this policy. All approvals are provided for 1 year in duration.

**Automation:** None

**Step 1:** epinephrine auto-injector 0.15 mg and 0.3 mg (generic to EpiPen/EpiPen Jr.)

Step 2: Auvi-Q 0.1 mg, Auvi-Q 0.15 mg, Auvi-Q 0.3 mg, EpiPen 0.15 mg, EpiPen Jr. 0.3 mg

### **CRITERIA**

- 1. If the patient has tried one Step 1 Product, approve a Step 2 Product.
- 2. If the patient or caregiver is blind or significantly visually-impaired, approve Auvi-Q.
- **3.** If the patient weighs < 15 kg (33 pounds), approve Auvi-Q 0.1 mg auto-injector.
- **4.** No other exceptions are recommended.

#### REFERENCES

- 1. Auvi-Q® auto-injector [prescribing information]. Richmond, VA: Kaleo; September 2019.
- 2. EpiPen® and EpiPen Jr® injection [prescribing information]. Morgantown, WV: Mylan Specialty; December 2020.
- 3. Epinephrine auto-injector [prescribing information]. Bridgewater, NJ: Amneal Pharmaceuticals; February 2021.
- 4. FDA listing of authorized generics. U.S. Food and Drug Administration Web site. Available at: <a href="https://www.fda.gov/AboutFDA/CentersOffices/OfficeofMedicalProductsandTobacco/CDER/ucm126391.htm">https://www.fda.gov/AboutFDA/CentersOffices/OfficeofMedicalProductsandTobacco/CDER/ucm126391.htm</a>. Updated December 17, 2021. Accessed on January 25, 2022.
- Symjepi<sup>™</sup> injection [prescribing information]. San Diego, CA: Adamis Pharmaceuticals; June 2021.
- 6. Edwards ES, Gunn R, Simons ER, et al. Bioavailability of epinephrine from Auvi-Q compared with EpiPen. *Ann Allergy Asthma Immunol.* 2013;111(2):132-137.