

## DRUG QUANTITY MANAGEMENT POLICY – PER DAYS

**POLICY:** Migraine – Triptans Drug Quantity Management Policy – Per Days

### Injectable Triptans

- Imitrex<sup>®</sup> (sumatriptan subcutaneous injection – GlaxoSmithKline, generic)
- sumatriptan SC injection (generic only [Brand Alsuma discontinued])
- Zembrace<sup>®</sup> SymTouch<sup>®</sup> (sumatriptan subcutaneous injection – Dr. Reddy’s Labs)

### Oral Triptans

- almotriptan tablets (generics only)
- Amerge<sup>®</sup> (naratriptan tablets – GlaxoSmithKline, generic)
- Frova<sup>®</sup> (frovatriptan tablets – Endo, generic)
- Imitrex<sup>®</sup> (sumatriptan tablets – GlaxoSmithKline, generic)
- Maxalt<sup>®</sup> (rizatriptan tablets – Merck, generic)
- Maxalt MLT<sup>®</sup> (rizatriptan orally-disintegrating tablets – Merck, generic)
- Relpax<sup>®</sup> (eletriptan tablets – Pfizer, generic)
- Treximet<sup>®</sup> (sumatriptan and naproxen sodium tablets – Pernix, generic)
- Zomig<sup>®</sup> (zolmitriptan tablets – AstraZeneca/Amneal, generic)
- Zomig-ZMT<sup>®</sup> (zolmitriptan orally-disintegrating tablets – AstraZeneca/Amneal, generic)

### Nasal Triptans

- Imitrex<sup>®</sup> (sumatriptan nasal spray – GlaxoSmithKline, generic)
- Onzetra<sup>®</sup> Xsail<sup>®</sup> (sumatriptan nasal powder – Currax)
- Tosymra<sup>®</sup> (sumatriptan nasal spray – Promius/Upsher-Smith)
- Zomig<sup>®</sup> (zolmitriptan nasal spray – AstraZeneca/Amneal)

**REVIEW DATE:** 12/07/2022

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### OVERVIEW

The above medications are approved and used for abortive therapy in treating acute migraine headaches.<sup>1-15</sup> In addition to treating acute migraine, injectable sumatriptan formulations are also indicated for treatment of cluster headaches.<sup>6,12</sup> Intranasal preparations of sumatriptan and zolmitriptan are also commonly used for this indication.<sup>17-20</sup>

Use of triptans can potentially lead to medication-overuse headache (generally defined as use for 10 or more days per month for 3 months or more), therefore, they are not intended for regular use.<sup>16</sup> Guidelines for the management of migraine headache recommend limiting acute (abortive) therapy to less than 2 days per week on a regular basis or 8 treatment days per month. If patients require abortive therapies more frequently, then re-evaluation of the diagnosis and assessment for the use of preventive therapy may be needed.

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## Dosing and Availability

Refer to the Drug Quantity Limits table below for dosing and availability information. Many of the acute headache medications are given as an initial dose that may then be repeated one or more times in a 24 hour period if needed.

## Other Information

Continuous use of triptan medications for prevention of migraine has been largely ineffective in clinical trials. Guidelines do recognize *intermittent, short-term* use of daily triptans for prevention of menstrual-associated migraine (MAM – migraine that occurs two days before and during the first two days of the menstrual cycle).<sup>21</sup> Frovatriptan has demonstrated efficacy when taken once- or twice-daily for up to six days perimenstrually and is recommended for short-term use in reducing the frequency of MAM (the initial quantity limit below accommodates this situation).<sup>20-22</sup>

In general, the quantity limits provided are adequate to treat two headaches per week for 4 weeks at the maximum FDA-approved dose. Quantities are rounded up to the nearest whole package if needed. The quantity limit is specific to a chemical entity within the same dosage form. Of note, conventional tablets and orally-disintegrating tablets are considered the same dosage form for these purposes. The one-time override quantity is based upon providing a quantity adequate for treatment of four additional headaches (in general, a total of 12 acute treatment days per month) at the maximum FDA-approved dose.

## Policy Statement

This Drug Quantity Management program has been developed to prevent the stockpiling misuse and/or overuse of the triptan migraine medications. If the Drug Quantity Management rule is not met for the requested medication at the point of service, coverage will be determined by the Criteria below. All approvals are provided for the duration noted below.

**Automation:** None.

## Drug Quantity Limits

Drug Name	Maximum Dosing	Availability	Retail Maximum Quantity per 28 Days	Home Delivery Maximum Quantity per 84 Days
<b>Injectable Triptans</b>				
Imitrex® (sumatriptan SC injection, generics)	12 mg (2 x 6 mg injections) per 24 hours.	<ul style="list-style-type: none"> <li>• Prefilled single-dose syringe cartridges: 4 mg/0.5 mL and 6 mg/0.5 mL</li> </ul> Each STATdose system contains 1 STATdose pen, 2 prefilled single-dose syringe cartridges, and 1 carrying case.	16 autoinjectors/ syringes / cartridges/ vials (8 mL/8 kits)	48 autoinjectors/ syringes/ cartridges/ vials (24 mL/24 kits)
sumatriptan SC injection (generics only – Brand Alsuma discontinued)	12 mg (2 x 6 mg injections) per 24 hours.	<ul style="list-style-type: none"> <li>• Prefilled autoinjectors: 4 mg/0.5 mL and 6 mg/0.5 mL</li> <li>• Vials: 6 mg/0.5 mL</li> </ul> Prefilled autoinjectors: 6 mg/0.5 mL Each kit contains 2 prefilled autoinjectors	16 autoinjectors (8 mL/8 kits)	48 autoinjectors (24 mL/24 kits)

**Drug Quantity Limits (continued)**

Drug Name	Maximum Dosing	Availability	Retail Maximum Quantity per 28 Days	Home Delivery Maximum Quantity per 84 Days
<b>Injectable Triptans (continued)</b>				
Zembrace® SymTouch® (sumatriptan SC injection)	12 mg (4 x 3 mg injections) per 24 hours.	SymTouch prefilled autoinjector: 3 mg/0.5 mL Each kit contains 4 autoinjectors	32 prefilled autoinjectors (16 mL/8 kits)	96 prefilled autoinjectors (48 mL/24 kits)
<b>Oral Triptans</b>				
almotriptan tablets (generic only)	25 mg (2 x 12.5 mg tablets) per 24 hours.	Tablets: 6.25 mg Each blister pack contains 6 tablets	18 tablets	54 tablets
		Tablets: 12.5 mg Each blister pack contains 12 tablets	24 tablets	72 tablets
Amerge® (naramriptan tablets, generic)	5 mg (2 x 2.5 mg tablets) per 24 hours.	Tablets: 1 mg, 2.5 mg Each blister pack contains 9 tablets	18 tablets	54 tablets
Frova® (frovatriptan tablets, generic)	7.5 mg (3 x 2.5 mg tablets) per 24 hours.	Tablets: 2.5 mg Each blister pack contains 9 tablets	27 tablets	81 tablets
Imitrex® (sumatriptan tablets, generic)	200 mg (2 x 100 mg tablets) per 24 hours.	Tablets: 25 mg, 50 mg, 100 mg Each blister pack contains 9 tablets	18 tablets	54 tablets
Maxalt® (rizatriptan tablets, generic)	30 mg (3 x 10 mg tablets) per 24 hours.	Tablets: 5 mg, 10 mg Brand Maxalt only available in 10 mg strength. Each carton contains 18 tablets	36 tablets	108 tablets
Maxalt MLT® (rizatriptan orally-disintegrating tablets, generic)	30 mg (3 x 10 mg orally-disintegrating tablets) per 24 hours.	Orally-disintegrating Tablets: 5 mg, 10 mg Brand Maxalt MLT only available in 10 mg strength. Each carton contains 18 tablets total (6 unit of use carrying case of 3 orally disintegrating tablets)	36 tablets	108 tablets
Relpax® (eletriptan tablets, generic)	80 mg (2 x 40 mg tablets) per 24 hours.	Tablets: 20 mg, 40 mg Each carton contains 12 tablets (2 blister packs of 6 tablets each)	18 tablets	54 tablets
Treximet® (sumatriptan and naproxen sodium tablets, generic)	<u>Adults:</u> 2 x 85 mg/500 mg tablets per 24 hours.  <u>Pediatric patients 12 to 17 years of age:</u> 1 x 85 mg/500 mg tablet per 24 hours. An initial dose of 1 x 10 mg/60 mg tablet is recommended. However, the 10 mg/60 mg tablets are no longer available.	Tablets: 85 mg/500 mg Each bottle contains 9 tablets	18 tablets	54 tablets

**Drug Quantity Limits (continued)**

Drug Name	Maximum Dosing	Availability	Retail Maximum Quantity per 28 Days	Home Delivery Maximum Quantity per 84 Days
<b>Oral Triptans (continued)</b>				
Zomig <sup>®</sup> (zolmitriptan tablets, generic)	10 mg (2 x 5 mg tablets) per 24 hours.	Tablets: 2.5 mg, 5 mg Each carton contains either a blister pack of 6 x 2.5 mg tablets or 3 x 5 mg tablets.	18 tablets	54 tablets
Zomig-ZMT <sup>®</sup> (zolmitriptan orally-disintegrating tablets, generic)	10 mg (2 x 5 mg orally-disintegrating tablets) per 24 hours.	Orally-disintegrating tablets: 2.5 mg, 5 mg Each carton contains either a blister pack of 6 x 2.5 mg orally-disintegrating tablets or 3 x 5 mg orally-disintegrating tablets.	18 tablets	54 tablets
<b>Nasal Triptans</b>				
Imitrex <sup>®</sup> (sumatriptan nasal spray, generic)	5 mg nasal spray: 20 mg (4 units) per 24 hours.	Unit Dose Nasal Spray Devices: 5 mg Each box contains 6 devices.	36 unit dose spray devices (6 boxes)	108 unit dose spray devices (18 boxes)
	20 mg nasal spray: 40 mg (2 units) per 24 hours.	Unit Dose Nasal Spray Devices: 20 mg Each box contains 6 devices.	18 unit dose spray devices (3 boxes)	54 unit dose spray devices (9 boxes)
Onzetra <sup>®</sup> Xsail <sup>®</sup> (sumatriptan nasal powder)	44 mg (4 x 11 mg nosepieces) per 24 hours.	Disposable nosepiece containing a capsule and a reusable breath-powered delivery device body: 11 mg each. Each kit contains 8 pouches with 2 nose pieces per pouch.	32 nose pieces (2 kits)	96 nose pieces (6 kits)
Tosymra <sup>®</sup> (sumatriptan nasal spray)	30 mg (3 units [sprays]) per 24 hours.	Single-Dose Nasal Spray Unit: 10 mg Each carton contains 6 units.	24 units (4 cartons)	72 units (12 cartons)
Zomig <sup>®</sup> (zolmitriptan nasal spray)	10 mg (2 x 5 mg units [sprays]) per 24 hours.	Single-Dose Nasal Spray Unit: 2.5 mg, 5 mg Each box contains 6 units	18 single-dose nasal spray units (3 boxes)	54 single-dose nasal spray units (9 boxes)

**CRITERIA****Injectable Triptans****Sumatriptan 4 mg/0.5 mL autoinjectors/syringes/cartridges/vials (Imitrex, generic)**

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 autoinjectors, syringes, cartridges, or vials (4 mL/4 kits) at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 8 autoinjectors, syringes, cartridges, or vials (4 mL/4 kits) at retail or home delivery.

**Sumatriptan 6 mg/0.5 mL autoinjectors/syringes/cartridges/vials (Imitrex, generic) and sumatriptan 6 mg/0.5 mL autoinjectors (generic only, brand Alsuma discontinued)**

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 autoinjectors, syringes, cartridges, or vials (4 mL/4 kits) at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 8 autoinjectors, syringes, cartridges, or vials (4 mL/4 kits) at retail or home delivery.
3. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from sumatriptan 4 mg/0.5 mL to 6 mg/0.5 mL), approve a one-time quantity override for 8 autoinjectors, syringes, cartridges, or vials (4 mL/4 kits) at retail or home delivery.

Zembrace SymTouch 3 mg/0.5 mL autoinjector

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 16 autoinjectors (8 mL/4 kits) at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 16 autoinjectors (8 mL/4 kits) at retail or home delivery.

**Oral Triptans**

Almotriptan 6.25 mg tablets

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 tablets at retail or home delivery.

Almotriptan 12.5 mg tablets

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 tablets at retail or home delivery.
2. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from almotriptan 6.25 mg to 12.5 mg), approve a one-time quantity override for 8 tablets at retail or home delivery.

Naratriptan 1 mg tablets (Amerge, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 tablets at retail or home delivery.

Naratriptan 2.5 mg tablets (Amerge, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 tablets at retail or home delivery.
2. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from almotriptan 6.25 mg to 12.5 mg), approve a one-time quantity override for 8 tablets at retail or home delivery.

Frovatriptan 2.5 mg tablets (Frova, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 12 tablets at retail or home delivery.

Sumatriptan 25 mg tablets (Imitrex, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 9 tablets at retail or home delivery.

Sumatriptan 50 mg tablets (Imitrex, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 9 tablets at retail or home delivery.
2. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from sumatriptan 25 mg to 50 mg), approve a one-time quantity override for 9 tablets at retail or home delivery.

Sumatriptan 100 mg tablets (Imitrex, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 9 tablets at retail or home delivery.
2. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from almotriptan 50 mg to 100 mg), approve a one-time quantity override for 9 tablets at retail or home delivery.

Rizatriptan 5 mg tablets (Maxalt, generic) and Rizatriptan 5 mg orally-disintegrating tablets (Maxalt MLT, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 12 tablets at retail or home delivery.

Rizatriptan 10 mg tablets (Maxalt, generic) and Rizatriptan 10 mg orally-disintegrating tablets (Maxalt MLT, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 12 tablets at retail or home delivery.
2. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from rizatriptan 5 mg to 10 mg), approve a one-time quantity override for 12 tablets at retail or home delivery.

Eletriptan 20 mg tablets (Relpax, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 tablets at retail or home delivery.

Eletriptan 40 mg tablets (Relpax, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 tablets at retail or home delivery.
2. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from eletriptan 20 mg to 40 mg), approve a one-time quantity override for 8 tablets at retail or home delivery.

Treximet 85 mg/500 mg tablets (Treximet, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 9 tablets at retail or home delivery.

Zolmitriptan 2.5 mg tablets (Zomig, generic) and Zolmitriptan orally-disintegrating 2.5 tablets (Zomig-ZMT)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 tablets at retail or home delivery.

Zolmitriptan 5 mg tablets (Zomig, generic) and Zolmitriptan orally-disintegrating 5 tablets (Zomig-ZMT)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 tablets at retail or home delivery.
2. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from zolmitriptan 2.5 mg to 5 mg), approve a one-time quantity override for 8 tablets at retail or home delivery.

**Nasal Triptans**

Sumatriptan 5 mg unit dose nasal spray devices (Imitrex, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 unit dose nasal spray devices at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 8 unit dose nasal spray devices at retail or home delivery.

Sumatriptan 20 mg unit dose nasal spray devices (Imitrex, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 unit dose nasal spray devices at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 8 unit dose nasal spray devices at retail or home delivery.
3. If the strength of the patient's medication is being increased within the same chemical entity and same dosage form (i.e., from sumatriptan 5 mg to 20 mg), approve a one-time quantity override for 8 unit dose nasal spray at retail or home delivery.

Onzetra Xsail 11 mg nose pieces

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override for 16 nose pieces (1 kit) at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 16 nose pieces (1 kit) at retail or home delivery.

Tosymra 10 mg single-dose nasal spray units

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override for 12 nasal spray units at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 12 nasal spray units at retail or home delivery.

Zolmitriptan 2.5 mg single-dose nasal spray units (Zomig, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 nasal spray units at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 8 nasal spray units at retail or home delivery.

Zolmitriptan 5 mg single-dose nasal spray units (Zomig, generic)

1. If the patient is using the medication to treat intermittent acute migraine headaches (i.e., the request is NOT for continuous/daily use for prevention or prophylaxis), approve a one-time quantity override of 8 nasal spray units at retail or home delivery.
2. If the patient has a diagnosis of cluster headaches, approve a one-time quantity override for 8 nasal spray units at retail or home delivery.
3. If the strength of the patient’s medication is being increased within the same chemical entity and same dosage form (i.e., from zolmitriptan 2.5 mg to 5 mg), approve a one-time quantity override for 8 nasal spray units at retail or home delivery.

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