

DRUG QUANTITY MANAGEMENT POLICY – PER RX

POLICY: Oncology – Vistogard Drug Quantity Management Policy – Per Rx

- Vistogard® (uridine triacetate oral granules – Wellstat)

REVIEW DATE: 03/09/2022

OVERVIEW

Vistogard, a pyrimidine analog, is indicated for the emergency treatment of adults and pediatric patients for the following uses:¹

- **Fluorouracil or capecitabine overdose**, regardless of the presence of symptoms.
- **Early-onset, severe or life-threatening toxicity** affecting the cardiac or central nervous system, and/or early-onset, unusually severe adverse reactions (e.g., gastrointestinal toxicity, neutropenia) within 96 hours following the end of fluorouracil or capecitabine administration.

As a limitation of use, Vistogard is not recommended for the non-emergent treatment of adverse events associated with fluorouracil or capecitabine because it may diminish the efficacy of these drugs.¹

Dosing

For adults, the recommended dosage is 10 grams (1 packet) orally every 6 hours for 20 doses, without regard to meals. For pediatric patients, the recommended dosage is 6.2 grams/m² body surface area (not to exceed 10 grams/dose) orally every 6 hours for 20 doses, without regard to meals. Discard any unused portion of the granules; do not leave granules left in the open packet for subsequent dosing.

It is noted that if a patient vomits within 2 hours of taking a dose of Vistogard, initiate another complete dose as soon as possible after the vomiting episode. Administer the next dose at the regularly scheduled time.

Availability

Vistogard is supplied as oral granules in 10-gram single-dose packets. Packets are supplied in cartons containing either four or 20 packets per carton.

POLICY STATEMENT

This Drug Quantity Management program has been developed to promote the safe, effective, and economic use of Vistogard. If the Drug Quantity Management rule is not met for the requested medication at the point of service, coverage will be determined by the Criteria below. All approvals are provided for the duration noted below.

Automation: None.

Drug Quantity Limits

Product	Package Size	Maximum Quantity per Rx
Vistogard® (uridine triacetate oral granules)	4 packets per carton (10 grams/packet)	5 cartons (20 packets)*
	20 packets per carton (10 grams/packet)	1 carton (20 packets)*

*This is enough drug to cover one complete course of therapy (20 doses).

CRITERIA

1. If a patient requires additional dosing due to vomiting within 2 hours of taking a Vistogard dose, approve a one-time override of four additional packets.
2. No other exceptions are recommended.

REFERENCES

1. Vistogard® oral granules [prescribing information]. Rockville, MD: Wellstat; February 2017.