STEP THERAPY POLICY

POLICY: Ophthalmic Nonsteroidal Anti-Inflammatory Drugs Step Therapy Policy

- Acular[®] (ketorolac tromethamine 0.5% ophthalmic solution Allergan, generic)
- Acular LS[®] (ketorolac tromethamine 0.4% ophthalmic solution Allergan, generic)
- Acuvail[®] (ketorolac tromethamine 0.45% ophthalmic solution Allergan)
- Bromfenac 0.09% ophthalmic solution (generic only)
- BromSite[®] (bromfenac 0.075% ophthalmic solution Sun, generic)
- Diclofenac 0.1% ophthalmic solution (generic only)
- Flurbiprofen 0.03% ophthalmic solution (generic only)
- Nevanac[®] (nepafenac 0.1% ophthalmic suspension Novartis)

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OVERVIEW

In general, the ophthalmic nonsteroidal anti-inflammatory drugs (NSAIDS) are indicated for the management of **ocular pain and inflammation in the postoperative setting**.¹⁻⁷ Note that the specific labeled indications may differ among the products. Ketorolac 0.5% ophthalmic solution is also indicated for the treatment of seasonal allergic conjunctivitis.¹ Flurbiprofen 0.03% ophthalmic solution is not indicated for use in the postoperative setting; flurbiprofen is indicated for the inhibition of intraoperative miosis.⁸ All of the ophthalmic products included in this Step Therapy are preserved with benzalkonium chloride, except Acuvail, diclofenac 0.1% ophthalmic solution, and flurbiprofen 0.03% ophthalmic solution.¹⁻⁸

POLICY STATEMENT

This program has been developed to encourage the use of a Step 1 Product prior to the use of a Step 2 Product. If the Step Therapy rule is not met for a Step 2 Product at the point of service, coverage will be determined by the Step Therapy criteria below. All approvals are provided for 1 year in duration. <u>Note</u>: Ilevro and Prolensa are not included in this policy.

Automation: A patient with a of one Step 1 Product within the 130-day look-back period is excluded from Step Therapy.

- **Step 1:** generic bromfenac 0.075% ophthalmic solution, generic bromfenac 0.09% ophthalmic solution, generic diclofenac 0.1% ophthalmic solution, generic flurbiprofen 0.03% ophthalmic solution, generic ketorolac 0.4% ophthalmic solution generic ketorolac 0.5% ophthalmic solution
- Step 2: Acular, Acular LS, Acuvail, BromSite, Nevanac

CRITERIA

- 1. If the patient has tried one Step 1 Product, approve a Step 2 Product.
- 2. No other exceptions are recommended.

REFERENCES

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- 1. Acular[®] ophthalmic solution [prescribing information]. Irvine, CA: Allergan; May 2012.
- 2. Acular LS[®] ophthalmic solution [prescribing information]. Irvine, CA: Allergan; June 2016.
- 3. Acuvail[®] ophthalmic solution [prescribing information]. Irvine, CA: Allergan; February 2019.
- 4. Nevanac® ophthalmic suspension [prescribing information]. East Hanover, NJ: Novartis; November 2020.
- 5. Bromfenac 0.09% ophthalmic solution [prescribing information]. Bedminister, NJ: Alembic; November 2022.
- 6. Diclofenac 0.1% ophthalmic solution [prescribing information]. Tampa, FL: Bausch & Lomb; June 2022.
- 7. BromSite® ophthalmic solution [prescribing information]. Cranbury, NJ: Sun; March 2023.
- 8. Flurbiprofen 0.03% ophthalmic solution [prescribing information]. Tampa, FL: Bausch & Lomb; September 2022.