# **PRIOR AUTHORIZATION POLICY**

**POLICY:** Thrombocytopenia – Mulpleta Prior Authorization Policy

• Mulpleta® (lusutrombopag tablets – Shionogi/Quotient)

**REVIEW DATE:** 03/23/2022

### **OVERVIEW**

Mulpleta, a thrombopoietin receptor agonist, is indicated for the treatment of **thrombocytopenia** in adults with **chronic liver disease** who are scheduled to undergo a procedure.<sup>1</sup>

Begin Mulpleta dosing 8 to 14 days before the scheduled procedure. The recommended dose is 3 mg once daily with or without food for 7 days. In the pivotal clinical studies for the approved indication, patient had a platelet count  $< 50 \times 10^9$ /L.

### **POLICY STATEMENT**

Prior Authorization is recommended for prescription benefit coverage of Mulpleta. Approvals are provided for the duration noted below.

**Automation:** None.

### RECOMMENDED AUTHORIZATION CRITERIA

Coverage of Mulpleta is recommended in those who meet the following criteria:

### **FDA-Approved Indication**

- **1. Thrombocytopenia in a Patient with Chronic Liver Disease.** Approve for 7 days if the patient meets the following criteria (A, B, and C):
  - A) Patient is  $\geq 18$  years of age; AND
  - **B)** Patient has a current platelet count < 50 x 10<sup>9</sup>/L (< 50,000/mcL); AND
  - C) Patient is scheduled to undergo a procedure within 8 to 14 days after starting Mulpleta therapy.

# CONDITIONS NOT RECOMMENDED FOR APPROVAL

Coverage of Mulpleta is recommended in those who meet the following criteria:

- 1. Chronic Immune Thrombocytopenia. Data are not available regarding use of Mulpleta in patients with persistent and chronic immune thrombocytopenia. Many other agents are FDA-approved for this condition and are recommended in standard guidelines and have established efficacy and safety.<sup>2</sup>
- **2.** Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

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# REFERENCES

- Mulpleta® tablets [prescribing information]. Florham Park, NJ and Philadelphia, PA: Shionogi and Quotient; April 2020.
  Neunert C, Terrell DR, Arnold DM, et al. American Society of Hematology 2019 guidelines for immune thrombocytopenia. Blood Adv. 2019;3(23):3829-3866.