

DRUG QUANTITY MANAGEMENT POLICY – PER DAYS

- POLICY:** Topical Antibiotics for Acne – Clindamycin DQM Policy – Per Days
- Cleocin T® (clindamycin phosphate 1% topical gel, 1% topical lotion, and 1% topical solution – Pfizer, generic)
 - Clindagel® (clindamycin 1% topical gel – Bausch Health, generic)
 - Evoclin® (clindamycin phosphate 1% topical foam – Mylan, generic)

REVIEW DATE: 02/01/2023

OVERVIEW

The topical clindamycin products are indicated for the treatment of **acne vulgaris**.¹

Dosing/Availability

Clindamycin topical gel, lotion, and solution (Cleocin T, generic) may be applied twice daily to the affected area.¹ Clindamycin 1% topical gel (Cleocin T, generic) is supplied as a 30 g and 60 g tube; clindamycin 1% topical lotion (Cleocin T, generic) is supplied as a 60 mL bottle. Clindamycin 1% topical solution (Cleocin T, generic) is supplied as 30 mL and 60 mL (generic only) bottles and a carton of 60 single-use pledget applicators (10 mg/mL) [generic only].

Clindamycin topical gel (Clindagel, generic) may be applied once daily to the affected area.² Clindamycin 1% gel (Clindagel, generic) is supplied as a 75 mL bottle.

Clindamycin foam (Evoclin, generic) is applied once daily to affected areas; enough should be applied to cover the entire affected area.³ Clindamycin 1% foam (Evoclin, generic) is supplied as a 50 g or 100 g aerosol can.

Application Information

For topical product application, a standard measure, the finger-tip unit (FTU), is often used.⁴ One FTU is the amount of product that is squeezed out of a standard tube along an adult's fingertip. One FTU is equivalent to approximately 0.5 g and provides enough product to treat an area of skin that is twice the size of one adult hand, or approximately 2% of an adult's total body surface area (BSA). Based on the FTU method, 120 grams provides enough product to cover approximately 8% of the patient's BSA when applying two times daily for 30 days.

The most common areas for acne breakouts are the face, chest, shoulders and back.⁵ Typically, acne does not cover the entire surface area of the face, chest, shoulders and back, but appears in selected areas of each. A quantity of 120 mL or 120 gram of topical clindamycin would be enough to treat the entire face, shoulders, or upper chest.

POLICY STATEMENT

This Drug Quantity Management program has been developed to prevent stockpiling, misuse and/or overuse of topical clindamycin products. If the Drug Quantity Management rule is not met for the requested medication at the point of service, coverage will be determined by the Criteria below. All approvals are provided for 1 year in duration.

Automation: None.

Drug Quantity Limits

Product	Package Size	Retail Maximum Quantity per 30 Days	Home Delivery Maximum Quantity per 90 Days
Cleocin T [®] (clindamycin 1% topical gel, generic)	30 gram tube	120 grams*	360 grams ^Ω
	60 gram tube		
Cleocin T [®] (clindamycin 1% topical lotion, generic)	60 mL bottle	120 mL*	360 mL ^Ω
Cleocin T [®] (clindamycin 1% topical solution, generic)	30 mL bottle	120 mL*	360 mL ^Ω
	60 mL bottle (generic only)		
	10 mg/mL single-use pledget applicators (Carton of 60) [generic only]		
Clindagel [®] (clindamycin 1% topical gel, generic)	75 mL bottle	150 mL	450 mL
Evoclin [®] (clindamycin 1% topical foam, generic)	50 gram aerosol can	100 grams*	300 grams ^Ω
	100 gram aerosol can		

* This is a quantity sufficient to cover 8% of the body surface area when applying twice daily for 30 days; ^Ω This is a quantity sufficient to cover 8% of the body surface area when applying twice daily for 90 days.

CRITERIA

Clindamycin phosphate 1% lotion (Cleocin T, generic) – twice daily application

1. If the patient needs to treat acne on greater than 8% of their body surface area, approve the requested quantity, not to exceed 240 mL per 30 days at retail or 720 mL per 90 days at home delivery.

Clindamycin phosphate 1% gel (Cleocin T, generic) – twice daily application

1. If the patient needs to treat acne on greater than 8% of their body surface area, approve the requested quantity, not to exceed 240 grams per 30 days at retail or 720 grams per 90 days at home delivery.

Clindamycin phosphate 1% solution (Cleocin T, generic) – twice daily application

1. If the patient needs to treat acne on greater than 8% of their body surface area, approve the requested quantity, not to exceed 240 mL per 30 days at retail or 720 mL per 90 days at home delivery.

Clindamycin phosphate 1% gel (Clindagel, generic) – once daily application

1. If the patient needs to treat acne on greater than 8% of their body surface area, approve the requested quantity, not to exceed 300 mL per 30 days at retail or 900 mL per 90 days at home delivery.

Clindamycin phosphate 1% foam (Evoclin, generic)

1. If the patient needs to treat acne on greater than 8% of their body surface area, approve the requested quantity, not to exceed 200 grams per 30 days at retail or 600 grams per 90 days at home delivery.

EXCLUSIONS

Approval of additional quantities of topical clindamycin is NOT recommended in the following situations:

1. No overrides are recommended for use in compounded formulations.

REFERENCES

1. Cleocin T 1% topical solution, gel, lotion [prescribing information]. New York, NY: Pfizer.; December 2019.
2. Clindagel 1% gel [prescribing information]. Bridgewater, NJ: Bausch Health; January 2020.
3. Evoclin 1% foam [prescribing information]. Morgantown, WV: Mylan; April 2018.
4. Eichenfeld LF, Tom WL, Berger TG, et al. Guidelines of care for the management of atopic dermatitis. *J Am Acad Dermatol.* 2014;71:116-132.
5. Nelson A, Miller A, Fleischer A, Balkrishnan R, Feldman S. How much of a topical agent should be prescribed for children of different sizes? *J Derm Treat.* 2006; 17:224-228.