

STEP THERAPY POLICY

- POLICY:** Topical Antifungals for Seborrheic Dermatitis Step Therapy Policy
- Ciclopirox shampoo (generic)
 - Ciclopirox gel (generic)
 - Extina[®] (ketoconazole foam – Mylan)
 - Ketodan[®] (ketoconazole foam – Medimetriks)
 - Ketodan Kit[®] (ketoconazole foam and salicylic acid cleanser – Medimetriks)
 - Ketoconazole foam (generic)

REVIEW DATE: 07/05/2023

OVERVIEW

These topical antifungal agents are indicated for the treatment of **seborrheic dermatitis** caused by *Malassezia* yeast.^{1,2,3}

- Ciclopirox shampoo/gel and ketoconazole shampoo/foam are indicated for the treatment of scalp and non-scalp seborrheic dermatitis. All ciclopirox products are indicated in **patients ≥ 16 years of age** while all ketoconazole products are indicated in **patients ≥ 12 years of age**.

GUIDELINES

The American Academy of Family Physicians (AAFP) 2015 and Clinical, Cosmetic, and Investigational Dermatology (CCID) 2022 provide recommendations on management of seborrheic dermatitis (SD). AAFP note ciclopirox shampoo or ketoconazole shampoo may be used for scalp SD and ciclopirox gel or ketoconazole foam may be used for non-scalp SD. CCID non-preferentially recommend ciclopirox or ketoconazole for scalp and non-scalp SD; formulation is guided by patient preference.^{4,5}

POLICY STATEMENT

This program has been developed to encourage the use of a Step 1 Product prior to the use of a Step 2 Product. If the Step Therapy rule is not met for a Step 2 Product at the point of service, coverage will be determined by the Step Therapy criteria below. All approvals are provided for 1 year in duration.

Automation: A patient with a of one Step 1 Product within the 130-day look-back period is excluded from Step Therapy.

Step 1: generic ketoconazole 2% shampoo, generic ciclopirox 1% shampoo, generic ciclopirox 0.77% gel

Step 2: Ketodan, Ketodan Kit, Generic ketoconazole 2% foam, Brand Extina Foam

CRITERIA

1. If the patient has tried one Step 1 Product, approve a Step 2 Product.
2. If the patient has tried a combination product containing topical ciclopirox, approve a Step 2 product.
3. No other exceptions are recommended.

REFERENCES

1. Ciclopirox shampoo [prescribing information]. Parsippany, NJ: Actavis; September 2019.
2. Ciclopirox gel [prescribing information]. Mahwah, NJ: Glenmark; January 2017.
3. Ketodan[®] foam [prescribing information]. Fairfield, NJ: Medimetriks; September 2021.
4. Clark GW, Pope SM, Jaboori KA. Diagnosis and Treatment of Seborrheic Dermatitis. *Am Fam Physician*. 2015;91(3):185-190.
5. Dall'Oglio F, Nasca MR, Gerbino G, et al. An overview of the diagnosis and management of seborrheic dermatitis. *Clinical, Cosmetic and Investigational Dermatology* 2022;15 1537–1548.