

DRUG QUANTITY MANAGEMENT POLICY – PER DAYS

- POLICY:** Topical Corticosteroids – Diflorasone Drug Quantity Management Policy – Per Days
- diflorasone 0.05% cream (generic only)
 - diflorasone 0.05% ointment (generic only)

REVIEW DATE: 12/02/2022

OVERVIEW

Diflorasone, a high-potency topical corticosteroid, is indicated for the relief of the inflammatory and pruritic manifestations of **corticosteroid-responsive dermatoses**.^{1,2} Psoriasis and atopic dermatitis are examples of two corticosteroid-responsive dermatoses.

Dosing/Availability

Diflorasone 0.05% cream can be applied to the affected area twice daily,¹ whereas diflorasone 0.05% ointment can be applied up to three times daily.² Diflorasone cream is available in 30 g and 60 g tubes. Diflorasone ointment is available in 15 g, 30 g, 45 g, and 60 g tubes.^{1,2}

Application Information

When determining the amount of a topical corticosteroid to apply, a standard measure, the fingertip unit (FTU), is often used.³ One FTU is the amount of product that is squeezed out of a standard tube along an adult's fingertip. One FTU is equivalent to approximately 0.5 g and provides enough product to treat an area of skin that is twice the size of one adult hand, or approximately 2% of an adult's total body surface area (BSA). Therefore, it is assumed that 1 g of a topical corticosteroid would provide enough product for one application to approximately 4% of the patient's BSA. For children, an FTU is still the amount of product that will fit on an adult's index fingertip. The amount of BSA that the application will cover depends on the size of the child.

Based on the FTU method, the quantity limits below provide enough diflorasone cream or ointment to cover approximately 8% of the patient's BSA when applying two times daily for 30 days (at retail) or 90 days (at home delivery)

POLICY STATEMENT

This Drug Quantity Management program has been developed to prevent stockpiling, misuse, and/or overuse of topical diflorasone. If the Drug Quantity Management rule is not met for the requested medication at the point of service, coverage will be determined by the Criteria below. All approvals are provided for 1 year in duration, unless noted below.

Automation: None.

Drug Quantity Limits*

Product	Package Size	Retail Maximum Quantity per 30 days	Home Delivery Maximum Quantity Per 90 days
diflorasone 0.05% cream (generic only)	30 g tube	120 grams	360 grams
	60 g tube		
diflorasone 0.05% ointment (generic only)	15 g tube	120 grams	360 grams
	30 g tube		
	45 g tube		
	60 g tube		

CRITERIA

Approval of additional quantities of diflorasone 0.05% cream and diflorasone 0.05% ointment is recommended if the patient is using the product for an FDA-approved indication and meets one of the following criteria:

1. If the patient needs to treat greater than 8% of body surface area, approve the quantity requested, not to exceed 180 grams per 30 days at retail or 540 grams per 90 days at home delivery.
2. If the patient needs to administer topical diflorasone more frequently than two times per day, approve the requested quantity, not to exceed 180 grams per 30 days at retail or 540 grams per 90 days at home delivery.

EXCLUSIONS

Approval of additional quantities of diflorasone 0.05% cream and diflorasone 0.05% ointment is NOT recommended in the following situations:

1. No overrides are recommended for use in any compounded formulations.

REFERENCES

1. Diflorasone 0.05% cream [prescribing information]. Hawthorne, NY: Taro, December 2019.
2. Diflorasone 0.05% ointment [prescribing information]. Hawthorne, NY: Taro, January 2020.
3. Eichenfeld LF, Tom WL, Berger TG, et al. Guidelines of care for the management of atopic dermatitis. *J Am Acad Dermatol.* 2014;71:116-132.